



Seminole County Parks  
and Recreation Department  
with



# Florida Youth Programs

present

## Youth Cheerleading Classes

REGISTRATION - Monday  
5pm to 7pm

### All Star Cheerleading Info:

Our curriculum is designed to introduce basic cheer techniques including confident posture, rhythm, and new steps in each session. We provide a recreational program for those interested in teamwork, physical fitness, and the development of good sportsmanship through the fun and excitement of cheerleading.

**Only  
\$5 Per  
Class**

\$10 Non-Refundable Registration Fee  
Comfortable Clothes Required  
Classes Will Be Separated Into Age Groups  
Uniform Suggested - Not Required  
Stunts and acrobatics will not be permitted in the beginner level classes



For more information visit:

[www.FloridaYouthPrograms.com](http://www.FloridaYouthPrograms.com)

### WHERE

Red Bug Lake Park  
3600 RED  
BUG LAKE ROAD  
CASSELBERRY  
(At the  
racquetball  
courts)

407.439.KIDS  
(407.439.5437)

### WHEN

Mondays  
5:00 - 5:50  
6:00 - 6:50

### COST

\$5 Per Week  
Pay As You Go  
NO Personal  
Checks  
No Long Term  
Commitments

### CHEERING

Assertiveness  
Self Discipline  
Physical Fitness  
Self Confidence  
Respect  
Goal Setting

